


December 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Taco salad, fruit & vegetables	3 Chicken breast, mashed potatoes, fruit & vegetables	4 Chicken noodle or Rubeen soup, meat & cheese sandwiches	5 Spaghetti, meat sauce, fruit & vegetables	6 Super nachos, tuna & egg salad sandwiches, fruit & vegetables	7
8 <i>LFS Christmas Program, 2:00PM @ the RHS</i>	9 Pizza, fruit & vegetables	10 Chicken fajittas, fruit & vegetables	11 Hot dogs, potato chips, fruit & vegetables	12 Chicken nuggets, French fries, fruit & vegetables	13 Egg omelets, carmel rolls, fruit & vegetables	14
15	16 Meatballs, mashed potatoes, fruit & vegetables	17 Taco salad, fruit & vegetables	18 Swiss potato soup, meat & cheese sandwiches, fruit & vegetables	19 Baked chicken, baked potatoes, fruit & vegetables	20 Fish patties, cheesy hash browns, fruit & vegetables	21
22	23	24	25 	26	27	28
29	30	31	1	2	3	4
5	6	<u>December 11th / Little Flower Academy Day / 9:00 - 3:15PM</u>				