

Little Flower School

October Lunch Menu 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	<p>Com dogs, potato wedges, baked beans, fruit & vegetables</p>	<p>Diced chicken, gravy, potatoes, fruit & vegetables</p>	<p>Lasagna, fruit & vegetables</p>	<p>Taco salad, black beans, fruit & vegetables</p>	<p>Egg omelets, cinnamon rolls, fruit & vegetables</p>	
8	9	10	11	12	13	14
	<p>Hamburger deluxe, potatoes, fruit & vegetables</p>	<p>Spaghetti, meat sauce, fruit & vegetables</p>	<p>Chicken strips, potatoes, gravy, fruit & vegetables</p>	<p>Knephla soup, meat & cheese sandwiches, fruit & vegetables</p>	<p>Tortilla chips & salsa, tuna or egg salad sandwiches, black beans, fruit & vegetables</p>	
15	16	17	18	19	20	21
	<p>Chicken fajittas, fruit & vegetables</p>	<p>Barbecues, potato or macaroni salad, fruit & vegetables</p>	<p>Chicken nuggets, French fries, fruit & vegetables</p>	<p>NO SCHOOL</p>	<p>NO SCHOOL</p>	
22	23	24	25	26	27	28
	<p>Meat loaf, potatoes, fruit & vegetables</p>	<p>Taco salad, black beans, fruit & vegetables</p>	<p>Tator tot hot dish, fruit & vegetables</p>	<p>Chicken breast, potatoes, fruit & vegetables</p>	<p>Tomato soup, cheese bread sticks, fruit & vegetables</p>	
29	30	31				
	<p>Hamburger gravy over potatoes, fruit & vegetables</p>	<p>Meat balls, potatoes, fruit & vegetables</p>				