



LFS SEPTEMBER LUNCH MENU 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Labor Day	3 Chicken nuggets, French fries, fruit & vegetables	4 Polish sausage, sauerkraut, mashed potatoes, fruit & vegetables	5 Lasagna, fruit & vegetables	6 Broccoli cheese soup, egg salad or tuna sandwiches, fruit & vegetables	7
8	9 Chicken strips, mashed potatoes, fruit & vegetables	10 Hamburger deluxe, fruit & vegetables	11 Chicken dumpling soup, meat & cheese sandwiches	12 Meatballs, mashed potatoes, fruit & vegetables	13 Tuna noodle hot dish, fruit & vegetables	14
15	16 Chili, breadsticks, fruit & vegetables	17 Scalloped potatoes & ham, fruit & vegetables	18 Barbecues, chips, fruit & vegetables	19 Taco salad, fruit & vegetables	20 Tomato soup, grilled cheese sandwiches, fruit & vegetables	21
22	23 Hot dogs, potato chips, fruit & vegetables	24 Baked chicken, baked potatoes, fruit & vegetables	25 Knephla soup, meat & cheese sandwiches, fruit & vegetables	26 Spaghetti, meat sauce, fruit & vegetables	27 Macaroni & cheese, fruit & vegetables	28
29	30 Pizza, fruit & vegetables					