


November 2019

LFS Spirit Day / Friday, November 15th / Wear your LFS Blue T-Shirt

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1 Macaroni & cheese, vegetables & fruit	2
3	4 Corn dogs, French fries, vegetables & fruit	5 Macaroni hamburger hot dish, fruit & vegetables	6 Barbecues, potato chips, vegetables & fruit	7 Chicken nuggets, potatoes, gravy, fruit & vegetables	8 Super nachos, tuna & egg salad sandwiches, fruit & vegetables	9
10	11 	12 Turkey & trimmings, fruit & vegetables	13 Chicken dumpling soup, meat & cheese sandwiches, fruit & vegetables	14 Diced chicken, mashed potatoes, fruit & vegetables	15 Tuna noodle hot dish, fruit & vegetables	16
17	18 Chicken strips, mashed potatoes, gravy, vegetables & fruit	19 Hamburger deluxe, vegetables & fruit	20 Barbecues, potato chips, vegetables & fruit	21 Meat balls, potatoes, gravy, vegetables & fruit	22 Egg omelets, cinnamon rolls, vegetables & fruit	23
24	25 Hot dogs, potato chips, vegetables & fruit	26 Chicken fajittas, vegetables & fruit	27 Taco soup, meat & cheese sandwiches, vegetables & fruit	28 THANKSGIVING DAY	29 NO SCHOOL	30
1	2	<p><u>Dine & Bid / November 15th @ Rugby Eagles</u> <u>Little Flower Academy Day / November 20th / 9:00 - 3:15PM</u></p>				