

Little Flower Catholic Elementary School - Memo for Friday, April 30th, 2021

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Secretary: Rita Mitzel, rita.mitzel@littleflowercatholicschool.com, Pastor: Rev. Franklin Miller, Advisory Board President: Nick Schmaltz, Business Mgr. Linda Schneider / Denise Lagasse
Mission Statement: Little Flower Catholic Elementary School, a partnership of parents and parish, nurtures a Sacramental life rooted in Jesus Christ and Catholic teaching, pursues academic excellence, and promotes a life of faith, integrity, and service.

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A friendly reminder from our PTO to please help with the selling of the "What a Difference a Day Makes, Pray 3.6.5" calendar dates. Extra cards can be picked up in the school office. Multiple dates are still available and only cost \$50 per day.

Please use our Little Flower School Website www.little-flower.k12.nd.us to keep up with the latest updates at our school, including the Advisory Council minutes.

Skill of the Week: Using an Anger Control Strategy 1. Recognize the behaviors that indicate you are getting angry. 2. Take a deep breath. 3. Take a few minutes to cool off (if this is possible). 4. Tell yourself to relax. Using an Anger Control Strategy 1. Identify the situation, person, or circumstance that is making you angry. 2. Monitor your physiological responses (heart rate, breathing, ect.) and give yourself instructions to relax. 3. Engage in self-talk or focus on what the other person is saying. 4. Take several slow and easy breaths. 5. Take a few minutes to cool off (if this is possible). 6. Continue to use other anger control strategies. 7. Select and use a problem-solving activity if necessary.

Buses will now run on Fridays with the following exceptions:
May 20th - Last day of school(Thursday buses will be running)

Shorts may be worn starting May 1st. Shorts may not be worn in church for Mass.

PRAY 365 Intentions:

- 04/27: Pray for Renee Laframboise on her birthday on April 28.
- 04/28: Pray for Ken Schaan on his birthday in thanksgiving for good health.
- 04/29: Pray for the relatives of Adam & Charlotte Krebs.
- 04/30: In memorial of Gladys Krumm on April 29
- 05/01: Pray for the soul of John Peyerl on this birthday and May Day blessings to all.

The LFS Advisory Board met on Wednesday and decided to change the last day of school for LFS to Thursday, May 20th. The changes are a result of the public school not holding classes on Friday, May 21st and buses not running. 6th grade graduation and Mass will now take place on Thursday, May 20th at 9:00 AM. Kindergarten graduation will be held during Mass on Friday, May 14th, however Kindergarten students will continue to attend school through Thursday, May 20th.

Please see the Marathon update on back side: