

Little Flower Catholic Elementary School - Memo for Friday, May 7th, 2021

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Secretary: Rita Mitzel, rita.mitzel@littleflowercatholicschool.com, Pastor: Rev. Franklin Miller, Advisory Board President: Nick Schmaltz, Business Mgr. Linda Schneider / Denise Lagasse
Mission Statement: Little Flower Catholic Elementary School, a partnership of parents and parish, nurtures a Sacramental life rooted in Jesus Christ and Catholic teaching, pursues academic excellence, and promotes a life of faith, integrity, and service.

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A friendly reminder from our PTO to please help with the selling of the "What a Difference a Day Makes, Pray 3.6.5" calendar dates. Extra cards can be picked up in the school office. Multiple dates are still available and only cost \$50 per day.

Please use our Little Flower School Website www.little-flower.k12.nd.us to keep up with the latest updates at our school, including the Advisory Council minutes.

Skill of the Week: Using an Anger Control Strategy

1. Recognize the behaviors that indicate you are getting angry.
2. Take a deep breath.
3. Take a few minutes to cool off (if this is possible).
4. Tell yourself to relax.

Using an Anger Control Strategy

1. Identify the situation, person, or circumstance that is making you angry.
2. Monitor your physiological responses (heart rate, breathing, ect.) and give yourself instructions to relax.
3. Engage in self-talk or focus on what the other person is saying.
4. Take several slow and easy breaths.
5. Take a few minutes to cool off (if this is possible).
6. Continue to use other anger control strategies.
7. Select and use a problem-solving activity if necessary.

All library books are due May 11th.

The Pierce County Public Health Nurse, Sam Wentz will be doing FREE vision screening for the students on Wednesday, May 12th.

PRAY 365 Intentions:

05/02: Pray for moisture for farmers & ranchers to have a safe & bountiful growing season. May God bless the area with adequate rain to ease the drought conditions.

05/04: Pray for Braden Brossart on his 10th birthday. May the Lord watch over and bless him all year long.

05/05: Pray for the children, grandchildren, and great-grandchildren of Walt & Angie Busch.

05/08: Pray for Sylvester Schumacher (grandfather of Christine Schmaltz & Elizabeth Blessum) on his heavenly birthday and for the people who still miss him dearly.

Sunday May 16: Parents, please make plans to attend the 10:30 Mass on May 16. All students of Little Flower School and Parish who have completed their grade level prayers will receive their prayer medal at the 10:30 Mass and all Little Flower School and Parish sixth grade students will also be recognized and receive a Bible. Parish Seniors who have completed their senior year of Religious Education will also be recognized with their senior cross at this same Mass.

The last day of school for LFS is Thursday, May 20th. 6th grade graduation and Mass will take place on Thursday, May 20th at 9:00 AM. Kindergarten graduation will be held during Mass on Friday, May 14th, however Kindergarten students will continue to attend school through Thursday, May 20th.

Buses will now run on Fridays with the following exceptions:

Thursday, May 20th / Last day of school / Buses will be running