

February 2022

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|---|--|---|--|----------|
| 30 | 31 | 1 Chicken breasts, mashed potatoes, fruit & vegetables | 2 Knephla soup, meat & cheese sandwiches, fruit & vegetables | 3 Chicken nuggets, French Fries, fruit & vegetables | 4 Super nachos, egg salad or tuna sandwiches, fruit & vegetables | 5 |
| 6 | 7 Hot dogs, potato chips, fruit & vegetables | 8 Ham, baked potatoes, fruit & vegetables | 9 Potato Toscana soup, meat & cheese sandwiches, fruit & vegetables | 10 Barbecues, potato chips, fruit & vegetables | 11 Macaroni & cheese, fruit & vegetables | 12 |
| 13 | 14 Chicken fajitas, fruit & vegetables | 15 Chicken strips, mashed potatoes, fruit & vegetables | 16 Chicken noodle soup, meat & cheese sandwiches, fruit & vegetables | 17 Sausage, pancakes, fruit & vegetables | 18 Tomato soup, grilled cheese sandwiches, fruit & vegetables | 19 |
| 20 | 21 Polish sausage, mashed potatoes, sauerkraut, fruit & vegetables | 22 Chicken nuggets, tator tots, fruit & vegetables | 23 Chicken tortilla soup, meat & cheese sandwiches, fruit & vegetables | 24 Ham, potato or macaroni salad, fruit & vegetables | 25 Tuna noodle hot dish, fruit & vegetables | 26 |
| 27 | 28 Chili, bread sticks, fruit & vegetables | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | | | | | |